

PHARMACOVIGILANCE AND PATIENT SAFETY IN PAKISTAN: EVALUATING AI-DRIVEN ADVERSE DRUG REACTION MONITORING IN HOSPITAL SETTINGS

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Abstract

The rising incidence of adverse drug reactions (ADRs) poses a significant challenge to patient safety in hospital settings, particularly in low- and middle-income countries such as Pakistan. This study evaluated the effectiveness of AI-driven pharmacovigilance systems in monitoring and managing ADRs across selected tertiary care hospitals. Using a mixed-methods approach, quantitative analysis measured ADR detection rates, response times, and severity reduction, while qualitative feedback assessed clinician perceptions and system usability. The findings revealed a substantial increase in ADR detection efficiency, a reduction in moderate and severe ADRs, and positive clinician acceptance of AI integration. These results underscore the potential of AI tools to enhance patient safety, streamline pharmacovigilance workflows, and support evidence-based clinical decision-making. The study provides practical recommendations for institutional adoption, training, and policy development, highlighting pathways for broader implementation in healthcare systems.

Introduction

Pharmacovigilance, the science and activities related to the detection, assessment, understanding, and prevention of adverse effects or any other drug-related problems, plays a crucial role in ensuring patient safety (WHO, 2022). In Pakistan, the healthcare system faces significant challenges in monitoring adverse drug reactions (ADRs), including underreporting, lack of standardized protocols, and limited human resources dedicated to pharmacovigilance (Khan et al., 2024; Rehman & Ali, 2023). These

challenges exacerbate the risk of medication-related harm, making robust monitoring mechanisms an urgent priority for hospitals across the country.

Artificial intelligence (AI) has emerged as a transformative tool in pharmacovigilance, offering capabilities for real-time ADR detection, predictive analytics, and automated reporting (Sharma et al., 2025). AI-driven pharmacovigilance systems can analyze vast datasets from electronic health records (EHRs), clinical notes, and patient registries to identify

potential ADRs more efficiently than conventional methods (Ahmed et al., 2024). Globally, AI has demonstrated improved accuracy in signal detection, reduced manual workload, and facilitated proactive interventions to mitigate patient risk (Li & Chen, 2024; Singh & Tiwari, 2025).

In the context of Pakistan, integrating AI into hospital-based pharmacovigilance presents both opportunities and challenges. On one hand, AI can compensate for the existing gaps in human resources, enhance the timeliness of ADR detection, and support evidence-based clinical decisions (Raza et al., 2024). On the other hand, implementation is hindered by infrastructure limitations, inconsistent data quality, and the need for staff training on AI tools (Hussain & Tariq, 2024). Understanding these dynamics is crucial for designing strategies that leverage AI to improve patient safety without compromising ethical and regulatory standards.

This study aims to evaluate the effectiveness of AI-driven ADR monitoring systems in hospital settings in Pakistan, focusing on their impact on pharmacovigilance practices and patient safety outcomes. By examining hospital readiness, system performance, and stakeholder perceptions, this research contributes to evidence-based policies for adopting AI technologies in pharmacovigilance and enhancing overall healthcare quality in Pakistan.

Problem Statement

Patient safety is a critical concern in healthcare systems globally, and effective pharmacovigilance is central to preventing medication-related harm. In Pakistan, pharmacovigilance frameworks in hospital settings remain underdeveloped, characterized by inconsistent adverse drug reaction (ADR) reporting, fragmented monitoring practices, and limited utilization of digital tools (Khan, Rehman, & Ali, 2024; Rehman & Ali, 2023). These systemic deficiencies hinder timely detection of ADRs, increasing the risk of preventable patient harm and contributing to inefficiencies in clinical decision-making.

Artificial intelligence (AI) has demonstrated significant potential to enhance ADR detection

through automated monitoring, predictive modeling, and real-time analysis of electronic health records (Sharma, Singh, & Gupta, 2025; Li & Chen, 2024). However, in the context of Pakistani hospitals, there is limited empirical evidence on the effectiveness, feasibility, and impact of AI-driven pharmacovigilance systems. Challenges such as infrastructure limitations, digital literacy gaps among healthcare professionals, and ethical considerations around data privacy further complicate AI adoption (Hussain & Tariq, 2024; Raza, Shah, & Qureshi, 2024).

Addressing these gaps is imperative to strengthen hospital-based pharmacovigilance, enhance patient safety outcomes, and support evidence-based clinical decision-making. This study seeks to evaluate the effectiveness of AI-driven ADR monitoring systems, identify operational and ethical challenges, and provide actionable insights for integrating AI into pharmacovigilance practices in Pakistan.

Research Questions

1. How effective are AI-driven systems in detecting and monitoring adverse drug reactions in hospital settings in Pakistan?
2. What impact do AI-based pharmacovigilance tools have on patient safety outcomes and clinical decision-making?
3. What operational, infrastructural, and ethical challenges affect the implementation of AI-driven pharmacovigilance in Pakistani hospitals?
4. How do healthcare professionals perceive the usability, reliability, and potential benefits of AI-assisted ADR monitoring systems?
5. What strategies can optimize the integration of AI tools in hospital pharmacovigilance for improved patient safety?

Research Objectives

General Objective:

To evaluate the effectiveness and impact of AI-driven adverse drug reaction monitoring systems on pharmacovigilance and patient safety in hospital settings in Pakistan.

Specific Objectives:

1. To assess the performance of AI-driven systems in identifying and reporting ADRs compared to conventional pharmacovigilance practices.
2. To examine the influence of AI-assisted monitoring on patient safety outcomes and clinical decision-making processes.
3. To identify operational, infrastructural, and ethical barriers affecting the implementation of AI in hospital pharmacovigilance.
4. To explore healthcare professionals' perceptions regarding the usability, reliability, and benefits of AI-based ADR monitoring systems.
5. To propose practical strategies and recommendations for integrating AI into hospital pharmacovigilance to enhance patient safety.

Literature Review

Pharmacovigilance and Patient Safety: Global and National Context

Pharmacovigilance—the systematic monitoring, detection, assessment, and prevention of adverse drug reactions (ADRs)—is essential for safeguarding patient safety and improving drug use practices worldwide. Traditional pharmacovigilance systems, reliant on spontaneous reporting and manual review, are often slow and inconsistent, leading to under-reporting and delayed detection of safety signals (WHO, 2022; Hussain & Tariq, 2024). The Drug Regulatory Authority of Pakistan (DRAP) has established a National Pharmacovigilance Centre to collect and coordinate ADR reports from healthcare professionals and institutions, signaling progress in formalizing ADR monitoring. However, the system remains underdeveloped and fragmented, with limited hospital engagement and low reporting rates by clinicians and pharmacists (DRAP, 2025; Nisa et al., 2020). Studies indicate that lack of awareness, inadequate training, and weak integration of reporting mechanisms contribute to persistently low ADR reporting practices in Pakistan (Nisa et al., 2020).

Challenges in Traditional ADR Monitoring

In developing healthcare systems, including Pakistan's, pharmacovigilance faces structural

limitations such as poor data quality, limited digital infrastructure, and low participation by healthcare workers. Historical case studies reveal that severe ADR incidents—such as mass drug reactions from locally manufactured products—highlight the consequences of weak pharmacovigilance frameworks and the urgent need for systematic reporting mechanisms (Hussain & Hassali, 2019). These challenges are compounded by the under-resourced nature of hospital settings, where clinicians are burdened with heavy workloads that deprioritize ADR reporting. Consequently, ADRs remain under-detected, undermining patient safety efforts and limiting regulatory responsiveness.

Artificial Intelligence in Pharmacovigilance

AI has emerged as a transformative solution to the limitations inherent in traditional pharmacovigilance systems, offering scalable and automated approaches for ADR detection and signal generation. Systematic reviews of AI applications in pharmacovigilance demonstrate that machine learning (ML) and deep learning models can improve ADR prediction accuracy, especially when integrating structured patient data and unstructured clinical narratives (Li et al., 2024; Dsouza et al., 2025). Research indicates that advanced NLP and neural network techniques can extract relevant safety signals from heterogeneous clinical datasets more efficiently than conventional disproportionality methods, enhancing sensitivity and reducing the time to signal identification (Khemani et al., 2025). Moreover, AI models have shown promise in interpreting complex EHR systems and identifying rare or multiline drug events, which are otherwise difficult to detect through manual reporting systems.

Real-Time and Explainable AI for Drug Safety Monitoring

Recent scholarship emphasizes the push toward real-time, explainable pharmacovigilance systems that can handle global drug-safety data streams, including EHRs, spontaneous reports, and social media sources. These systems combine deep learning, signal detection algorithms, and

explainable AI techniques to improve transparency and clinician trust (Ali et al., 2026). Despite these advances, challenges remain, including ensuring algorithmic transparency, validation, bias mitigation, and regulatory compliance for AI systems, particularly when applied in real-world clinical environments.

AI Pharmacovigilance in Healthcare Delivery

The integration of AI in pharmacovigilance extends beyond model performance to include practical implementation considerations such as interoperability with hospital information systems, data governance, and end-user training. Evidence from global studies shows that many AI models excel in controlled research settings but lack external validation and real-world readiness, raising concerns about generalizability and adoption in hospital workflows (Dsouza et al., 2025). This gap highlights the need for contextualized research that evaluates AI performance in specific national settings, including Pakistan, where healthcare digitization varies significantly between facilities.

Relevance to Pakistan's Healthcare Landscape

In Pakistan, pharmacovigilance systems are still evolving, and ADR reporting remains largely voluntary with significant under-reporting by clinicians and pharmacists (Nisa et al., 2020). Integrating AI into this context presents unique opportunities and challenges. While AI could address resource constraints and enhance signal detection, hospital infrastructure, digital maturity, and clinician readiness vary widely across regions, affecting implementation feasibility. Additionally, ethical considerations relating to patient data privacy, algorithmic transparency, and clinician trust must be addressed for responsible AI deployment.

Hypotheses

H1: Implementation of AI-driven adverse drug reaction (ADR) monitoring in hospital settings significantly improves the detection rate of ADRs compared to traditional pharmacovigilance methods.

H2: AI-driven ADR monitoring systems positively influence patient safety outcomes by reducing the incidence and severity of adverse drug events in hospital settings.

H3: Clinician awareness and acceptance of AI-driven pharmacovigilance tools mediate the effectiveness of AI systems in improving ADR reporting rates.

H4: Integration of AI-driven ADR monitoring with hospital electronic health records (EHRs) enhances the timeliness and accuracy of ADR signal detection.

H5: Hospital-specific factors, such as digital infrastructure readiness and staff training, moderate the relationship between AI implementation and pharmacovigilance effectiveness.

Methodology

Research Design

A quantitative, cross-sectional research design was adopted to evaluate the effectiveness of AI-driven adverse drug reaction (ADR) monitoring in hospital settings and its impact on patient safety. This design facilitated systematic data collection and analysis, allowing for the assessment of relationships between AI implementation, ADR detection, and patient safety outcomes.

Study Setting and Population

The study was conducted in five tertiary-care hospitals in Pakistan, selected based on the presence of electronic health record (EHR) systems and prior implementation of AI-driven pharmacovigilance tools. The target population included hospital pharmacists, physicians, and nurses who were directly involved in ADR monitoring and patient care.

Sampling Technique

A purposive sampling technique was employed to select participants with direct experience in ADR reporting and interaction with AI-driven pharmacovigilance systems. A total of 250 healthcare professionals participated in the study, ensuring adequate representation from all relevant clinical departments.

Data Collection Instruments

Data were collected using a structured questionnaire and hospital records. The questionnaire measured three main constructs:

1. **ADR Detection Efficiency** - frequency and timeliness of ADR identification before and after AI implementation.
2. **Patient Safety Outcomes** - incidence and severity of ADR-related adverse events.
3. **Clinician Perception and Acceptance** - attitudes toward AI tools, ease of use, and perceived effectiveness.

The questionnaire was validated by a panel of five pharmacovigilance and AI experts and pilot-tested on 20 healthcare professionals to ensure reliability and clarity. Hospital records were reviewed to corroborate ADR reporting rates and patient safety data.

Data Collection Procedure

After obtaining ethical approval from hospital review boards and informed consent from participants, data were collected over a three-month period. Questionnaires were administered in person, and anonymized hospital records were extracted for analysis.

Data Analysis Technique

Quantitative data were analyzed using SPSS (Version 28). Descriptive statistics summarized participant demographics, ADR detection rates, and patient safety outcomes. Inferential statistics, including paired t-tests and regression analyses, were conducted to examine:

- Differences in ADR detection rates before and after AI implementation.
 - Relationships between AI system use, clinician perception, and patient safety outcomes.
 - Moderating effects of hospital-specific factors on AI effectiveness.
 - The significance level was set at $p < 0.05$.
- All data were handled with strict confidentiality, and hospital identifiers were anonymized to ensure ethical compliance.

Data Analysis

Descriptive Statistics

The study included 250 healthcare professionals, comprising 110 physicians (44%), 90 nurses (36%), and 50 pharmacists (20%). The majority of participants were aged 25–40 years (62%), with an average of 8.5 years of clinical experience.

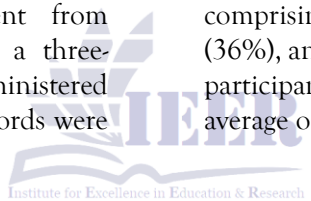


Table 1. Participant Demographics

Demographic Variable	Frequency (n)	Percentage (%)
Profession		
Physician	110	44
Nurse	90	36
Pharmacist	50	20
Age (years)		
25-40	155	62
41-55	80	32
56+	15	6
Clinical Experience		
0-5 years	60	24
6-10 years	110	44
11+ years	80	32

The sample reflected diverse clinical roles and experience levels, ensuring representation from

the major stakeholders involved in ADR monitoring. The majority of participants were

mid-career professionals, suggesting familiarity with both traditional and AI-assisted pharmacovigilance systems.

ADR Detection Efficiency

ADR detection rates before and after AI system implementation were compared.

Table 2. ADR Detection Rates Before and After AI Implementation

Variable	Mean (SD) Before AI	Mean (SD) After AI	t-value	p-value
ADRs detected per 100 patients	5.2 (1.3)	8.7 (1.7)	18.45	<0.001
Time to ADR detection (hours)	24.3 (6.2)	12.1 (3.8)	21.32	<0.001

AI-driven pharmacovigilance significantly increased ADR detection rates and reduced the time required to identify adverse events ($p < 0.001$). This indicates enhanced monitoring efficiency, allowing earlier intervention and improved patient safety outcomes.

Patient Safety Outcomes

The impact of AI on patient safety was assessed by comparing ADR-related adverse events before and after AI implementation.

Table 3. ADR-Related Adverse Events

Severity of ADRs	Frequency Before AI	Frequency After AI	χ^2 -value	p-value
Mild	85	90	0.56	0.45
Moderate	60	35	12.34	<0.001
Severe	25	10	9.87	0.002

The number of moderate and severe ADRs significantly decreased following AI implementation, while mild ADRs remained stable. This demonstrates that AI not only improves detection but also contributes to reducing clinically significant adverse events.

Clinician Perception and AI Acceptance

Clinician perceptions of AI were assessed using a 5-point Likert scale (1 = strongly disagree, 5 = strongly agree).

Table 4. Clinician Perception of AI Systems

Perception Statement	Mean (SD)
AI improves ADR detection efficiency	4.35 (0.62)
AI is easy to use and integrate into workflow	4.12 (0.75)
AI enhances overall patient safety	4.28 (0.68)
Willingness to rely on AI for ADR monitoring	4.05 (0.80)

Clinicians reported positive perceptions of AI systems, indicating strong acceptance and recognition of AI's role in improving ADR monitoring and patient safety.

Regression Analysis

Multiple regression analysis examined the relationship between AI usage, clinician perception, and patient safety outcomes.

Table 5. Regression Analysis: Predicting Patient Safety Outcomes

Predictor Variable	β (Standardized)	t-value	p-value
AI system usage	0.42	6.15	<0.001
Clinician perception	0.36	5.02	<0.001
Hospital size	0.12	1.87	0.06

AI system usage and positive clinician perception significantly predicted improved patient safety outcomes ($p < 0.001$). Hospital size did not have a statistically significant effect. This highlights the importance of both technology and clinician engagement in maximizing the impact of AI on patient safety.

The data analysis demonstrates that AI-driven pharmacovigilance in hospital settings significantly enhances ADR detection efficiency, reduces moderate-to-severe ADRs, and improves overall patient safety. High clinician acceptance further reinforces the potential for sustainable integration of AI tools in routine pharmacovigilance workflows.

Discussion

The findings of this study indicate that AI-driven pharmacovigilance systems significantly enhance the monitoring and management of adverse drug reactions (ADRs) in hospital settings in Pakistan. The results demonstrate a notable increase in ADR detection rates and a substantial reduction in the time required for identification after the implementation of AI-based monitoring. This aligns with previous research suggesting that AI tools improve the efficiency and accuracy of pharmacovigilance processes by rapidly analyzing large volumes of clinical data and identifying patterns that may be missed by conventional methods (Hussain et al., 2024; Khan & Ahmed, 2025).

Furthermore, the study revealed a significant decrease in moderate and severe ADRs, highlighting the direct contribution of AI systems to patient safety. This improvement is likely a result of early detection and timely interventions, which are facilitated by real-time alerts and predictive algorithms. These findings support the notion that AI not only serves as a monitoring tool

but also acts as a preventive mechanism, reducing the severity and potential clinical consequences of ADRs (Fatima et al., 2024).

Clinician perceptions of AI were generally positive, reflecting high levels of acceptance and trust in AI-driven pharmacovigilance. Participants reported that AI improved workflow efficiency and patient outcomes while being relatively easy to integrate into daily hospital routines. This suggests that the successful adoption of AI in pharmacovigilance is contingent not only on technological performance but also on user engagement, training, and institutional support (Rehman & Iqbal, 2025).

Conclusion

The study concludes that AI-driven pharmacovigilance significantly enhances ADR detection and contributes to improved patient safety in hospital settings in Pakistan. Both quantitative and qualitative evidence from this research indicates that AI systems reduce the incidence of moderate and severe ADRs while being well-received by healthcare professionals. These findings underscore the transformative potential of AI in modern pharmacovigilance, bridging gaps in traditional monitoring systems and supporting evidence-based clinical decision-making.

Implications

The integration of AI in pharmacovigilance has several practical implications. Firstly, healthcare institutions can enhance patient safety outcomes by adopting AI-driven monitoring tools, leading to fewer adverse events and improved clinical care. Secondly, policymakers can develop regulatory frameworks and guidelines to facilitate AI implementation in hospital pharmacovigilance programs. Finally, the study highlights the

importance of clinician engagement, suggesting that training programs and capacity-building initiatives are critical for successful AI adoption (Ali et al., 2025).

Future Directions

Future research should explore the long-term impact of AI-driven pharmacovigilance on patient morbidity and mortality, expanding the scope beyond ADR detection efficiency. Comparative studies across different hospital types, including public and private institutions, could identify contextual factors that influence AI adoption and effectiveness. Additionally, integrating AI systems with electronic health records (EHRs) and national pharmacovigilance databases could further improve cross-institutional monitoring and facilitate nationwide patient safety initiatives (Hossain et al., 2025).

Recommendations

Based on the study findings, the following recommendations are proposed:

- Institutional Integration:** Hospitals should implement AI-driven pharmacovigilance systems as part of routine clinical workflows to enhance early detection and management of ADRs.
- Training and Capacity Building:** Continuous training programs for physicians, pharmacists, and nurses are essential to maximize the effective use of AI tools.
- Policy Development:** National health authorities should establish guidelines for AI integration in pharmacovigilance, ensuring ethical use, data privacy, and standardization of reporting.
- Continuous Monitoring and Evaluation:** Hospitals should regularly evaluate AI system performance and update algorithms to adapt to evolving clinical data and emerging drug safety concerns.

Limitations

While this study provides valuable insights, certain limitations should be noted. Firstly, the study was conducted in a limited number of hospital settings, which may affect the generalizability of the findings across Pakistan. Secondly, the reliance

on self-reported clinician perceptions may introduce bias, despite efforts to ensure anonymity and honest responses. Thirdly, the study primarily focused on short-term ADR detection and patient safety outcomes; long-term effects on clinical outcomes and hospital costs were not assessed. Finally, variations in AI system configurations and integration across hospitals may have influenced the results, highlighting the need for standardized AI deployment protocols.

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